

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m.	2
3 Daylight Saving Time Ends	4 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Poker & Other Games @ 6:45 p.m.	5 Indoor Walking Exercise @ 3:30 p.m. Poker & Other Games @ 6:45 p.m. Election Day	6 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Activities Committee Mtg @ 1:30 p.m.	7 Hand & Foot & Other Games @ 7:00 p.m.	8 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. If the second seco	9
10	11 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Poker & Other Games @ 6:45 p.m. Veterans Day	12 Indoor Walking Exercise @ 3:30 p.m. Poker & Other Games @ 6:45 p.m.	13 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Communication Committee Mtg @ 1:30 p.m. Current Events @ 7:30 p.m.	14 Brown Bag @ 12:00 noon Hand & Foot & Other Games @ 7:00 p.m.	15 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Kitchen Item Drive @ 11:00 a.m.	16
17	18 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Bingo Night @ 7:30 pm.	19 Book Club @ 3:00 p.m. Poker & Other Games @ 6:45 p.m.	20 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m.	21 VPE Birthday Party @ 7:30 p.m. Hand & Foot & Other Games @ 7:00 p.m.	22 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m.	23
24 CLOSED FOR PRIVATE EVENT	25 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m. Poker & Other Games @ 6:45 p.m.	26 Poker & Other Games @ 6:45 p.m.	27 Yoga @ 9:00 a.m. Chair Exercise @ 10:15 a.m.	28 Happy Thanksgiving Day CLOSED FOR PRIVATE EVENT VPE Office Closed	29 VPE Office Closed	30

PLEASE CHECK THE BULLETIN BOARDS FOR UPDATES AND CANCELLATIONS